



INVITATION

We are very pleased to invite a delegation from your country to attend our International Tournament for Rhythmic Gymnastics
4th SPRING CUP 2012,
which be held in Ploiesti, ROMANIA, from 17th till 20th of May 2012

Organizing Committee: MUNICIPALITY SPORTS CLUB, PLOIESTI CITY (CSM PLOIESTI)
Tel./Fax 00 40 244 57 46 99

LILIANA BĂESCU e-mail: ritmica.csm@ploiesti.ro
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ROMANIAN RHYTHMIC GYMNASTICS FEDERATION
Tel./Fax 00 21 3 17 00 70

CĂTĂLIN MANU e-mail: office@frgr.ro
Website: www.frgr.ro

Partner: CITY HALL OF PLOIESTI

Invitations to:

- ARG, AUS, AUT, BEL, BLR, BRA, BUL, CAN, CRO, CYP, CZE, EGY, ESP, EST, FIN, FRA, GBR, GEO, GER, GRE, HUN, ITA, ISR, JPN, KAZ, LAT, LTU, MAS, MEX, NED, NOR, POL, POR, RSA, ROM, RUS, SLO, SUI, SVK, SWE, TPE, TUR, UKR, VEN, USA

Venue: “Leonard Doroftei” Hall, Ploiesti City - Milcov Street No. 1

Date of arrival May, 17th, 2012

Date of departure May, 20th, 2012

Delegation per Country: Each delegation consist of maximum **7 persons:**

- 5 individual gymnasts
- 1 coach
- 1 judge (preferable international FIG brevet)

senior – individual gymnasts (born 1996 or older)

junior – team competition (born 1997 – 1999)

pre-junior - individual gymnasts (born 2000 – 2001)

children - individual gymnasts (born 2002 – 2003)

mini – individual gymnast (born 2004 – 2006)

The organizing club is reserving the right to enter more than 2 gymnast per category in all around competition

4th SPRING CUP

Ploiesti, Romania, 17-20 may 2012
International Rhythmic Gymnastics Tournament



- Start Money:** Free of any financial obligation!
- Forms:** Please bring with you 6 copies of D1&D2 form for each routine
**** The forms for each routine will be given at technical meeting**
- Music:** All music must be recorded on CD (clearly labelled with the gymnast's name, club, country,
- National Flag:** All delegations are kindly requested to bring their national flag.
- Insurance** All participants should have their own health insurance. All delegations are responsible for having the necessary coverage against accidents and illness.
- Accommodation:** **Central Hotel***:** 56 euro / day / person
& Meals www.thr.ro
- Transport** The organizing committee will provide transportation from the airport/train station to hotel and return, and bus transportation from the hotel to training and competition hall.
International travel's expenses will be paid by each delegation.
- Program:**
- May, 17th
- Arrival of delegations and accommodation.
 - Training in competition hall.
 - Press Conference
 - Technical meeting for judges and coaches
- May, 18th
- Meeting of judges
 - Opening Ceremony
 - All around competition.
 - Senior – 2 rotations
 - Junior – 2 rotations
 - Pre-Junior – 2 rotations
 - Children – 2 rotations
 - Mini – free hands, rope
- May, 19st
- Meeting of judges
 - All around competition.
 - Senior – 2 rotations
 - Junior – 2 rotations
 - Pre-Junior – 2 rotations
 - Children – the 3rd rotation
 - Award Ceremony.
 - Gala and Closing ceremony
 - Farewell Party



May, 20th

- Free time and departure of delegations.

Competition

Senior:

All around competition according to FIG Regulation

Junior:

Team competition according to The UEG junior program

Pre-Junior:

All around competition – see the table below

Children:

All around competition – see the table below

Minies:

All around competition – see the table below

Closing Ceremony Gala: We welcome any delegation to participate. (Please fill Gala form).

Entries

Preliminary entry: 15th of April, 2012

Definitive entry: 1st, of May, 2012

Travel schedule

Not later than **May 1st, 2012**

VISA FORMS

Please check in time your delegation's visa for entry in Romania.

Ask in time for an official nominative invitation list (name, surname, birth date, birth place, no. of passport, address) and the address and no. fax of Romanian Consulate in your country.

Awards:

Individual all around competition certificates and medals will be awarded for the top 3 gymnasts for seniors, pre-juniors, children and mini in each category and each apparatus separately.

In Junior Team Competition every gymnast will be awarded with certificates and medals

Certificates and memorable gifts will be given to all participants.

Accommodation and meals will be paid at the hotel by every delegation.

We look forward to your participation in our tournament!

Sincerely,
Mihaela Stambolgiu
CSM President



TECHNICAL PROGRAM – 4th SPRING CUP 2012

| Category | Year of Birth | Technical Program | Difficulty of the Body (D1) | | | | Difficulty of the Apparatus (D2) |
|--|---------------|-------------------|-----------------------------|--|---|---------------|----------------------------------|
| | | | No. of Diff. | Compulsory body movement difficulties | Non-compulsory body movement difficulties | Value (D1) | |
| Mini | 2006-2004 | Free | 8 dif. max. | 2 \wedge 2 T 2 \perp S 2 O | | 5.00 p. max. | |
| | | Rope | 8 dif. max. | min. 3 \wedge + min. 3 O | max. 2 dif. by own choice | 5.00 p. max. | 10.00 p. max. |
| Children | 2002-2003 | Rope | 8 dif. max. | min. 3 \wedge + min. 3 O | max. 2 dif. by own choice | 5.00 p. max. | 10.00 p. max. |
| | | Hoop | | 2 \wedge 2 T 2 \perp S 2 O | | | |
| | | Ribbon | | min. 3 \wedge + min. 3 O | max. 2 dif. by own choice | | |
| Pre-Junior | 2000-2001 | Hoop | 10 dif. max. | min 2 - max 3 \wedge T \perp S O | | 6.00 p. max. | 10.00 p. max. |
| | | Ball | | min. 3 \perp S + min. 3 \wedge | max. 4 dif. by own choice | | |
| | | Clubs | | min. 3 T + min. 3 O | max. 4 dif. by own choice | | |
| | | Ribbon | | min. 3 \wedge + min. 3 O | max. 4 dif. by own choice | | |
| JUNIOR ACCORDING TO THE UEG JUNIOR PROGRAMM | 1997-1999 | Hoop | 10 dif. max. | min 2 - max 3 \wedge T \perp S O | | 7.00 p. max. | 10.00 p. max. |
| | | Ball | | min. 3 \perp S + min. 3 \wedge | max. 4 dif. by own choice | | |
| | | Clubs | | min. 3 T + min. 3 O | max. 4 dif. by own choice | | |
| | | Ribbon | | min. 3 \wedge + min. 3 O | max. 4 dif. by own choice | | |
| SENIOR ACCORDING TO THE FIG SENIOR PROGRAMM | min. 1996 | Hoop | 12 dif. max. | min 2 - max 4 \wedge T \perp S O | | 10.00 p. max. | 10.00 p. max. |
| | | Ball | | min. 4 \perp S + min. 4 \wedge | max. 4 dif. by own choice | | |
| | | Clubs | | min. 4 T + min. 4 O | max. 4 dif. by own choice | | |
| | | Ribbon | | min. 4 \wedge + min. 4 O | max. 4 dif. by own choice | | |