



Adagio International Rhythmic Gymnastics Academy of Vancouver

INVITES YOU TO

MILLENNIUM CUP 2011 International Rhythmic Gymnastics Invitational

May 20th to May 22nd, 2011

Dear Rhythmic Gymnastics Friends,

You are invited to take part in our 12th Annual **Millennium Cup International Invitational** in Vancouver, British Columbia, Canada. We feature some of Canada's top National Team Members and many upcoming talents in Individual and Group competition for All Levels.

Join the fun, excitement, challenge and friendship of this well established international event in Canada's most beautiful west coast city, Vancouver, British Columbia. Hope to welcome you to our event!

Adrienne Arnold
Technical Director

Contact us by phone 1.604.261.2752
Contact us by e-mail clubadagio@shaw.ca

Millennium Cup International Rhythmic Gymnastics Invitational
Sponsored by Adagio International Rhythmic Gymnastics Academy of Vancouver

www.internationalrhythmics.com • www.clubadagio.com • clubadagio@shaw.ca • 604.261.2752



MILLENNIUM CUP

International Rhythmic Gymnastics Invitational
Vancouver, British Columbia, Canada

Registration Deadlines

Registration Form & Fees Monday, April 18, 2011
Scripts Monday, May 9, 2011

Fees

Made payable to Adagio Rhythmic Academy
5587 Olympic Street
Vancouver, BC V6N 1Z4
Canada

Amount

Levels 2-10 (Individuals or members of a Group)	\$130.00 CAD
Level 1	\$90.00 CAD
Pre Level 1B	\$90.00 CAD
Interclub 2	\$90.00 CAD
Pre Level 1A	\$65.00 CAD
Interclub 1	\$65.00 CAD

- Delegations responsible for own airfare and accommodation.
- One judge requested per international team
- Web site information <http://www.internationalrhythmics.com> or <http://www.clubadagio.com>

Host Hotel



Holiday Inn Hotel & Suites
700 Old Lillooet Road
North Vancouver, BC V7J 2H5

Block registration under *Millennium Cup*

Direct phone 604.985.3111
Toll-free phone 1.877.985.3111
Monday to Friday, 8 am to 4 pm PST

Web site www.hinorthvancouver.ca
E-mail sales@hinorthvancouver.ca

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MILLENNIUM CUP

International Rhythmic Gymnastics Invitational
Vancouver, British Columbia, Canada

Competitive Categories

Canadian National and International FIG Categories

Level 10 Junior & Seniors, National/International Team Members	FIG Program
Level 9 Junior & Seniors	FIG Program
Level 8 Novice Age in 2011 (11-12yrs)	Free + 3 of Any Apparatus Note: Canadian Apparatus Rope, Hoop, Ball
Level 7 Pre Novice Age in 2011 (8-10 yrs)	Free, +2 Apparatus Note: Canadian Apparatus Rope and Ball

Groups

Senior – Group	F.I.G. 2 Routines
Junior - Group, Duo or Trio	Hoops and/or Ribbons 1 or 2 Routines
Novice - Group, Duo or Trio	Ropes
Pre Novice - Group, Duo or Trio	Hoops

Canadian Provincial Level Program (Rules available upon request)

Provincial Seniors	Any 3 routines including Free (16+ years)
Provincial Juniors	Any 3 routines including Free (13-15 years)
Provincial Novices	Any 3 routines including Free (11-12 years)
Provincial Pre Novice	Any 3 routines including Free (8-10 years)

Future Stars

British Columbia Development Levels (Rules available upon request)

Level 3, Level 2, Level 1	Age Categories 9-10, 11-12, 13-15, 16+
Interclub	Same Age Categories
Pre Level 1	Age Category 6-8 years only
Provincial Groups	Open apparatus for each Level

Awards

Millennium Cup Team Trophy

Top accumulated All Around Score for the top two Senior or Junior athletes and the top one Novice or Pre Novice athletes from each club/team.

Individual Trophies

Awarded to the top All Around scorer in each Individual Level and awarded to the top Group per FIG International Category.

Medals

1-10 All Around; 1-3 per event in each category for Individual, 1-3 Groups in each Level. 4-10 Ribbons in each event for each category.

Future Cup Awards

Each gymnast will be awarded by score groupings into Bronze, Silver or Gold Achievement and receive a medal for each event. A Future Cup top scorer in each category will receive a trophy.

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MILLENNIUM CUP

International Rhythmic Gymnastics Invitational
Vancouver, British Columbia, Canada

PAYABLE TO AND RETURN TO

Adagio Rhythmic Academy
5587 Olympic Street
Vancouver, BC, V6N 1Z4

or e-mail to clubadagio@shaw.ca

REGISTRATION DEADLINE

Fees and Registration Forms must be received on or before Monday, April 18, 2011

TEAM NAME		COUNTRY	
COACH		CONTACT PHONE	
JUDGE		CONTACT E-MAIL	

Individual Gymnasts

NAME	LEVEL	BIRTHDATE (YY/MM/DD)	APPARATUS	REG. FEE AMOUNT
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$

Group Gymnasts

NAMES	AGE LEVEL OF GROUP	BIRTHDATES (YY/MM/DD)	APPARATUS	REG. FEE AMOUNT
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$

Other

Event T-Shirts

___ Size 6 - 8 yrs	at \$25.00 each = \$ _____	Registration Fees Total Amount	\$ _____
___ Size 10-12 yrs	at \$25.00 each = \$ _____	T-Shirt Order Total Amount	\$ _____
___ Size 14-16 yrs	at \$25.00 each = \$ _____	Grand Total Amount Enclosed	\$ _____

For Office Use Only

TTL. GYMNASTS	REG. FEES RECD	TTL. T-SHIRT RECD	TTL. COACHES	TTL. JUDGE



Millennium Cup Technical Requirements For Development Categories (updated 2011)

Age Categories:

Child (6-8 years); Pre Novice (9-10 years); Novice (11-12 years); Junior (13-15yrs); Senior (16+ yrs)

Beginning Provincial Levels (age categories indicated): scripts for D1 and D2, Artistry based on FIG Code maximum 10.0 for all

Interclub = .8 maximum, 4 A or B Difficulties; Child and Pre Novice Age Categories; Free or Rope routine

Interclub = 1.2 maximum, 6 A or B Difficulties; Novice, Junior or Senior; Compete 1 of Free, Rope, Hoop, Ball or Ribbon

Level 1 = 1.8 maximum, 6 A, B or C; Child, pre Novice, Novice, Junior, Senior; Compete Free or Free and Rope

Level 1 Advanced = 2.4 maximum, 6 A, B, C or D; Pre Novice or Novice only; Free or Rope (or substitute apparatus)

Level 2 = 2.8 maximum, 7 A, B, C or D; Child, Pre Novice, Novice, Junior, Senior; Compete Free and 2 any apparatus

Level 3 = 3.2 maximum, 8 A, B, C or D; Child, Pre Novice, Novice, Junior, Senior; Compete Free and any 2 apparatus

Intermediate Provincial Levels (age categories determine level): scripts are required for D1 and D2, Artistry based on FIG Code, maximum 10.0. **Gymnasts may perform any 3 or 4 Routines**, declare which ones when registering

Provincial Pre Novice

8 difficulties allowed A or B = 1.6 points maximum; D2 maximum value 6.0; 1 risk allowed

Provincial Novice

8 difficulties allowed A, B, C or D = 3.2 points maximum; D2 maximum value 6.0; 1 risk allowed

Provincial Juniors

8 difficulties allowed A, B, C or D = 3.2 points maximum; D2 maximum value 6.0; 1 risk allowed

Provincial Seniors

8 difficulties allowed A, B, C or D = 3.2 points maximum; D2 maximum value 6.0; 1 risk allowed

Millennium Cup Requirements

National/International Level Participants

(updated 2011)

National & International Categories Jr. and Sr. FIG or FIG Adapted:

Scripts are required for D1 and D2 for all routine including Free;

D1 Set out below; D2 and Artistry are based upon F.I.G. Code and are each out of 10.0 points.

Free routine for Pre Novice and Novice Ages with respect to D1 and D2, out of country requirements will be fairly adapted to Canadian requirement rules

Pre-Novice National Level (Canada) 8 to 10 years in year of competition

Free, Rope, Ball (substitute apparatus for out of country athletes)

8 Difficulties (each with a maximum value no greater than 0.6); total D1 total value 4.0; 4 GCO and max 1 from other groups; Free Routines requires 2 Diff from each Body Group; 1 Risk for D2 allowed for all apparatus routines

Novice National Level 8 (Canada) 11-12 years in year of competition

Free, Rope, Hoop, Ball, (substitutes for out of country athletes)

8 Difficulties (each with a maximum value no greater than 1.0); D1 total value 6.0; 4 GCO and max 1 from other groups; Free Routine requires 2 Diff from each Body Group; 1 Risk for D2 allowed for all apparatus routines.

Junior - FIG program 13-15 years

Senior - FIG program 16+ years

For any Technical Questions: email adriennearnold@shaw.ca or phone: 604-261-2752